Need Rub?™

WE ARE EXCITED TO BRING YOU THIS DELICIOUS DRY-RUB SEASONING LINE!

Fresh Ideas & Solutions proudly presents Rick's Rub™. This new assortment of 6 amazing dry rubs was created by Vancouver's own Red Seal Certified Chef Rick.

Versatile

62 spices uniquely combined to create 6 savory blends:

Lamb

Original

Fish & Seafood

Moroccan

Heat

Asian

Rick's Rub's are a treat for everyone's taste buds!

Flavourful

These distinctive dry rubs are made with Premium, Non-Irradiated Spices and contain No Fillers or MSG. Blended locally in Maple Ridge, Rick's Rub™ is packed in light-blocking tins using a lining designed to be non-reactive with spices. We do our best to maintain Chef Rick's fabulous flavours.

Convenient

Easy to use, Rick's Rub™ seasoning blends bring out the best in meat, fish, vegetables or tofu. It takes minutes to add new flavours to family meals. Whether it's the BBQ, oven or stove top. They are equally delicious in dips, dressings or sauces. Rick's Rub™ adds zest to soups or stews in the slow cooker.

A Healthy Option

For those watching their sodium or sugar intake, this unique product delivers flavour. Preparing nutritious, tasty foods with Rick's Rub™ will tempt the palates of a growing health-conscious population.

Everyone 'Needs Rick's Rub™!'

Rick's Rub™ is a unique product line that will be a welcome addition to anyone's pantry. We have enclosed an information package containing additional details. Please contact us at Fresh Ideas & Solutions Inc. with any questions. We are happy to assist you.

For further information & ordering please contact:

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Rick's Rub™

LAMB | ORIGINAL | FISH & SEAFOOD | MOROCCAN | HEAT | ASIAN

RICK'S REAL FOODS

Rick's Rub™ is a product line of Rick's Real Foods™. Rick's Rub™ is blended and packaged in BC, using both domestic and imported ingredients, by Fresh Ideas & Solutions Inc. Need Rub?™ Rick's Rub™ are registered trademarks for Raging Fork Consulting Ltd. All rights reserved.

FIS FRESH IDEAS & SOLUTIONS | We're in the business of food

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