

December 2013
Walton Policies on Outside Food Brought to School

Dear Walton Parents and Students,

Walton PAC would like to remind all parents and students that the school is asking families **please not to bring any candy, snack food or cake to school that is intended to be shared with other children.**

Many children at Walton have serious health issues that make it unsafe for them to eat food brought in from outside. And not all parents of the children that don't have allergies, celiac or diabetes are okay with their children eating candy, chips and cupcakes instead of their lunches; please be respectful of other families' healthy eating goals.

If you want to spread some Christmas, birthday or other celebratory cheer around your child's division, think non-edible treats, please, such as stickers, pencils or other little gifts.

We would also like to remind all parents to **please not send any food containing peanuts to school if your child's classroom has been declared peanut-free**, not even for your own child's lunch. Unfortunately, peanut allergies can be triggered by minute amounts of peanut accidentally ingested, such as by crumbs or a peanut-butter fingerprint on something else, and the reaction can be life-threatening for an allergic child. We need to work together to keep these young children safe.

Parents of children with dietary issues, please note: On occasions where the division teachers will be using food in a class activity or when the division is having a class party involving (healthy) snacks, the **teacher will send out an information flyer prior to the event**, and parents with a concern will be asked to return the bottom portion of the information flyer in the planner pocket. An alternate learning option will be offered for any child who is unable to participate. In this way, we can avoid any children's health being harmed.

Thank you for understanding and supporting our staff in holding up the healthy living school goal at Walton.

Walton PAC