



WALTON PAC NEWSLETTER



SPRING 2019

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Leah Hamer

DPAC REPRESENTATIVE

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Tiffany Duff

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Alex Tung

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Monica Norena

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Jessica Chen-Sargent

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Meryl Hamdillah

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GRADE 5 TRAFFIC COORDINATOR

Leah Hamer

SUNSHINE COMMITTEE COORDINATOR

Pamela Chan

SOCIAL COORDINATOR

Marianne Pauluzzi

CALLING FOR VOLUNTEERS FOR 2019-2020 PAC EXECUTIVE AND OFFICERS

Are you looking for a rewarding experience? Are you interested in meeting other parents and getting involved in the school?

Whether you can commit a lot or a little time, the Walton PAC needs your help and we have positions that fit different schedules and availability.

We are currently seeking nominees for PAC Executives and Office Holders for the 2019-2020 school year.

The elections will take place at our upcoming Annual General Meeting on Tuesday May 14, 2019. All PAC positions will be up for re-election.

The PAC is a democratic body, and all parents and guardians of Walton students can run for office and / or come out and make a vote.

Watch out for the meeting agenda and AGM announcements in the coming weeks. For more detail about each position and how to get involved, please go to the PAC website (www.waltonpac.ca) or email waltonpacchair@gmail.com.

WALTON BREAKFAST CLUB FUNDRAISER

Over the past season, the PAC and Walton school community engaged in a fundraising campaign to generate financial resources for the Walton Breakfast Club. The purpose of this program is to ensure that no student starts their school day without proper nourishment.

Through a series of small events, which included a hot chocolate sale, popcorn sale and coin drive, thanks to your generosity we were able to raise a total of \$688.28. Additionally, through a matching program, the Coquitlam Firefighter's Charitable Society generously contributed \$500, bringing the total funds raised to \$1,188.28.

A cheque was presented during morning fitness on February 20, 2019.

To learn more about the Coquitlam Firefighter's Charitable Society and their fundraising efforts for local children, please visit: <http://www.coquitlamfirefighterscharity.com/snack-program.html>.



Walton PAC e-mail address: waltonpac@gmail.com

Walton PAC Website: <http://www.waltonpac.ca>

School Website: <http://www.sd43.bc.ca/elementary/walton/Pages/default.aspx>

Walton PAC Twitter Account: <https://twitter.com/waltonSD43PAC>

Walton PAC Facebook Account: <https://www.facebook.com/waltonSD43PAC>

HOT LUNCH

Our PAC hot lunch program is a kid fave with the Walton PAC Hot Lunch Committee striving to provide a variety of hot lunches over the school year. Of course, pizza, hands down, is our most popular lunches. Since the beginning of our 2018/2019 school year, we have had 5 hot lunches including Fresh Slice pizza, Foodie Kids Pasta Day and Sushi Koo sushi and have raised almost \$2500.00 so far!

As you may be aware, 100% of the proceeds from the hot lunch program go towards the Walton PAC to fund items such as special event or performances, class field trip transportation, classroom and playground equipment and more.

Huge thanks to the Walton Community, PAC volunteers and parents for the success of Walton PAC's Hot Lunch Program!

We could not have done this without your support and efforts! Did you know that we have had up to 26 volunteers on one hot lunch day?! New volunteers are always welcome - it's a great way to meet other Walton parents. Please email waltonpachotlunch@gmail.com if you are interested in volunteering or have any questions or feedback about the hot lunch program.

Please mark your calendars for our upcoming hot lunches:

Wednesday April 17th, 2019
Wednesday May 15th, 2019

Don't forget to help Walton PAC save on PayPal expenses by ordering hot lunches in one single transaction.

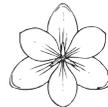
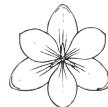
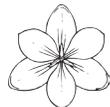
Thank you everyone again for your continued support!

Walton Hot Lunch Committee



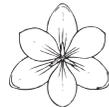
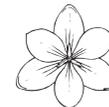
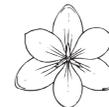
GARDENING TIPS

Spring has sprung. April is a perfect time to grow things from seeds. If you have not tried it before, give it a shot. You don't need a huge gardening plot. Start small, digging a strip along a sunny fence, for example; or do some container gardening. No balcony is too tiny for some herbs and flowers. Make sure, before you put down seeds, that your container or garden bed has drainage. Excess water needs to be able to drain, or your soil will sour and your seeds rot. If the soil of your newly turned bed clumps into a sticky ball when you press it together in your hand (like making a tiny snowball), you need to add more organic matter, such as peat moss or compost mixes, to enable the plant roots to breathe, and for



water to drain. You can use pretty much anything of the right size for a planting container, but make sure there are holes for drainage in the bottom before filling it with potting soil.

The right kind of seeds to plant outside now are cold germinators, whose growth will be triggered by cool nights and sunny days like we have them now. Easy to grow are, for example: kale, snow peas and snap peas, Swiss chard, rocket, mustard greens, spinach, pac choi, parsley and chives, and edible flowers like pansies, calendula and nasturtiums. This is also the latest good moment to sprinkle wildflower seed mixes outside, if you got some with a view to grow them on the



bare patches affected badly by the grubs of the European chafer under your lawn, as most wildflower seeds don't germinate later.

It is better to wait a few weeks for the soil to warm up until planting out beans, grass seed, lettuces, carrots and other seeds that need warmth for germination.

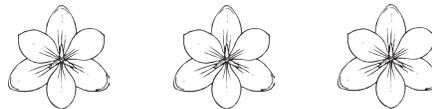
Make sure to read the planting instructions on the seed packages before going ahead - gardeners of the ages have found out how to get the best results and want to share them with you. A common mistake is planting seeds too deep and not spacing them out enough. Rule of thumb is plant the seeds three times as deep as their diameter is.

GARDENING TIPS CONTINUE

Planted deeper, the emerging seedling will run out of food before it reaches the sunlight, and nothing will grow. Then make sure your seeds are kept moist until the first two tiny green leaves open up.

If you don't have access to a garden, you can still grow herbs on a windowsill. Basil, cilantro, chives and parsley will happily germinate in a flowerpot. Or plant a little kitchen-garden container, with herbs grouped around some decorative flowering plant.

By the way, you don't always have to buy seeds at the store. Try saving some tomato or hot pepper seeds on a piece of kitchen towel and plant them on the surface of a container filled with potting soil. Keep moist and sunny and see what happens. Will the seed from your apple core grow into a baby apple tree? Your children will love to experiment.



TERRACYCLE - ELIMINATING THE IDEA OF WASTE

Every year, big amounts of waste end up in garbage and landfills across Canada. Since 2017, Walton Elementary has worked with the TerraCycle Program to reduce garbage from going to the landfills by offering a collection bin area for non-recyclable items such as cereal bags or liners, squeeze pouches, Brita products, dispensers Plastic air fresheners, plastic bottle trigger heads, and more. So far, the Walton Community has diverted over 1800 items from the landfill! Yay, we rock!

How it works: Once non-recyclables are collected and ready to send in a shipment, TerraCycle provides a free shipping label and the box is shipped. Once TerraCycle receives the package and the items are counted, the school receives up to \$.02 per item. The more we collect, the more rewards we earn.

WE ARE CURRENTLY COLLECTING FOR:

- All brands of plastic trigger heads, pumps and caps from Air and Home Care products and packaging

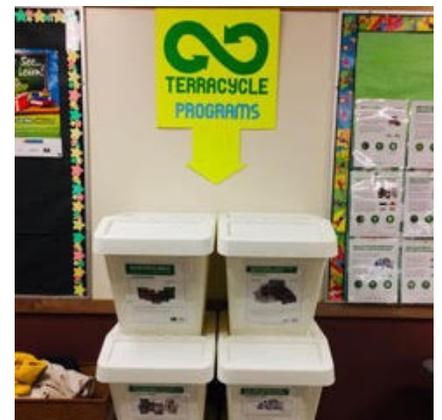
- Any plastic cereal bags and liners
- Any snack pouches such as GoGo Squeeze
- Brita filters, dispensers, pitchers, bottles etc.
- Terra and Sensible Solutions chip and snack packaging

Please empty contents as much as possible and do not leave air in pouches or tie cereal liners into knots. Thank you Walton community, parents and students for your efforts to keep the earth clean and green and to help earn rewards for Walton Elementary School!

Please visit Walton PAC website for more info on each recycling program: <http://www.waltonpac.ca/terracycle-recycling.html>.

Interested in TerraCycle? Please go to www.terracycle.ca. If you have any questions about this initiative, please email waltonpacfundraising@gmail.com.

In other good news: Did you know recycling "Other Flexible Plastics" just got easier? As part of



RecycleBC's Other Flexible Plastic Packaging program, you can drop off more types of flexible plastics like your candy wrappers, zipper lock pouches, bubble wrap, netted bags or rice bags, and more at your nearest London Drugs. It's not garbage anymore! Learn about new items you can recycle at RecycleBC.ca/FlexiblePackaging and keep from the landfills!

Coming Soon! Watch out for a new collection bin (near the TerraCycle bins) for used writing instruments in partnership with Staples Canada. Save your used writing instruments for ease of recycling at school or drop them off at your nearest Staples!

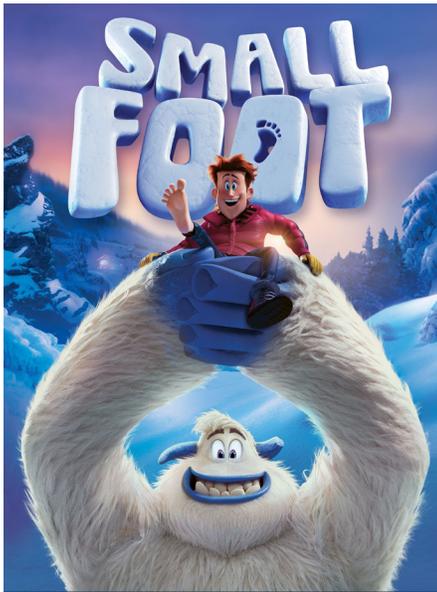
MOVIE NIGHT FEATURING SMALL FOOT!

Thank you to everyone who volunteered and attended Walton Elementary's Movie Night on March 1, 2019. We raised \$858.98. The success of this PAC Fundraiser allows us to invest in our school and children's education. We could not have done this without your participation!

Our Movie Nights can only happen when parents volunteer, please join the next fun-filled event!

Upcoming Movie Night - final one of the school year!

MAY 31, 2019



TREAT DAYS

We hope everyone has enjoyed our Treat Days this year. So far we have hosted 4 Treat Days in which we have donated the proceeds of our Hot Chocolate Sale and Popcorn Sale to support Walton's Breakfast Program. Stay tuned for more Treat Days in the spring!

FAMILY GAMES NIGHT

Join us for an evening of family fun on Friday June 14 from 6pm-9pm! There will be board games and other fun activities with prizes. Concession will be available with pizzas / hot dogs and other treats. All proceeds will go directly to our school.

WALTON PAC AFTERSCHOOL PROGRAMS

Registration is now open. We are excited to offer some returning and some new programs this Spring 2019 term! Please check out our website <http://www.waltonpac.ca/after-school-activities.html> for more information. Most programs start the week of April 8th.

ONGOING FUNDRAISING

COBS BREAD



COBS Bread - Our school receives 5% of your purchase back from COBS Bread Sunwood Square and Suter Brook Village. Simply mention Walton Elementary at checkout. Walton has taken over the #2 spot amongst 15 participating schools in earnings with a payout of \$167 thus far.

MABELS LABELS



Stop losing your stuff or at least find it again!

Please remember to select Walton Elementary as your Fundraising School at checkout so that 20% of your sales purchase will be donated back to our school!



NEXT PAC MEETING

Please join us MONDAY Apr 8 at 6:45 PM at WALTON Library (Childcare is Available)

AGM AND PAC MEETING

Tuesday May 14 AT 6:45 pm at Walton Library

FOLLOW OUR PARENT ADVISORY COUNCIL (PAC)!

 <https://www.facebook.com/waltonSD43PAC>

 <https://twitter.com/waltonSD43PAC>

 <http://www.waltonpac.ca>